

Pochin's PLC

13 October 2006

Pochin's PLC (the 'Company')

Director/PDMR Shareholding

The Company was notified today that Mr A M J Pochin, a director of a subsidiary company, disposed of 15,000 ordinary shares in the capital of the Company on 6 October 2006 at a price of 325p per share.

Mr A M J Pochin now has a beneficial interest in 19,503 ordinary shares in the Company being 0.09 per cent. of the issued ordinary share capital.

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Pochin's PLC

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