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Company Pochin's PLC
TIDM PCH
Headline Director/PDMR Shareholding
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Pochin's PLC

12 May 2006

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Pochin's PLC

Director's Dealings

The Board of Pochin's PLC (the "Company") was notified today that David Pochin, an Executive Director, sold, on 12 May 2006, 3,000 ordinary shares in the Company at a price of 305 pence per share.

Following this sale, Mr Pochin has a beneficial interest in 12,500 ordinary shares, which represents 0.06 per cent. of the issued share capital of the Company.

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