

RNS Number:0133T Pochin's PLC 21 October 2005

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Pochin's PLC (the 'Company')
Director Shareholding

The Company was notified today that Mr D R R Pochin, a director of the Company, has today disposed of 3,000 ordinary 25p shares in the capital of the Company at a price of 345p per share.

Mr D R R Pochin now has a beneficial interest in 15,000 ordinary 25p shares in the Company being 0.08 per cent of the issued ordinary share capital.

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Pochin's PLC

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Charles Stanley & Co. Limited

This information is provided by RNS
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