

Pochin's PLC (the 'Company')

Director Shareholding

The Company was notified on 09 December 2005 that Mr. D R R Pochin, a director of the Company, on the same date completed the sale of 9,000 ordinary shares of 25p each in the Company at a price of 371p per share to finance the simultaneous exercise of 9,000 options in the Company at a price of 121p.

Mr Pochin's beneficial interest therefore remains 15,000 ordinary shares in the Company being 0.08 per cent of the issued ordinary share capital.

12 December 2005

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