

**29-06-04**

**Pochin's PLC - Director Shareholding**

RNS

RNS Number:2730A Pochin's PLC 29 June 2004

Pochin's PLC (the 'Company')

The Company was notified today that Mr N J Pochin, a director of the Company, has today disposed of 30,000 ordinary 25p shares in the capital of the Company at a price of 225 1/2 p per share.

Mr N J Pochin now has a beneficial interest in 244,500 ordinary 25p shares in the Company.

Contact: Mr A A Waugh Position: Company Secretary Tel: 01606 833333

This information is provided by RNS

The company news service from the London Stock Exchange

**END**

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