

**11-10-04**

**Pochin's PLC - Directors Interest**

RNS

RNS Number:9540D Pochin's PLC 11 October 2004

**DIRECTORS' INTERESTS**

POCHIN'S PLC ("the Company")

The Company was today notified that Mr David Robert Ravenscroft Pochin, a director of the Company, has today disposed of 3,700 ordinary 25p shares in the company at a price of 200p per share. This disposal reduces Mr Pochin's beneficial interest in the ordinary shares in the Company.

Mr Pochin's interests in the shares of the Company are now as follows:

Beneficial interest                      18,000 shares

Non-Beneficial interests

- as trustee NIL shares
- as discretionary beneficiary 280,000 shares

Under option                              13,500 shares

Contact: Mr. A.A. Waugh

Position: Company Secretary

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This information is provided by RNS  
The company news service from the London Stock Exchange

**END**

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